

The Better Part



Seniors making a difference through Public Access Television

The Better Part is a Public Access television program produced by members of the Cupertino Senior Center. The group meets twice a week to produce their shows. The first meeting is on Tuesday to plan the shows and the second meeting is at the studio of KMVT15 in Mountain View to tape the show for cablecast. They have been producing award-winning television shows since 1983 and cablecast their 1,000th show in March 2010. Further information can be obtained by contacting the group at info@thebetterpart.com or by calling Diane Sparks, Executive Producer at 408-564-7754.

Program Schedule for September

Cupertino and Los Altos Comcast Cable Channel 15

Cupertino only AT&T U-verse, Channel 99

Shows Monday at 4:30 PM; Tuesday and Friday at 7:00 PM.

Other cities program schedules can be found on the reverse side.

S Simulcast live on the Internet, see schedule on back.

September 2, 3 & 6	Realtor Service Volunteer Program - Silicon Valley Association of Realtors volunteer program called RSVP which started in 2001 and has expanded every year. Realtors volunteer once a year for seniors and home bound people by doing chores in their home. Our host Suzanne Barnett, interviews two long time volunteers and senior beneficiaries who anxiously look forward to the next year. #1,082
September 9, 10 & 13	Motivational Speaker - Danni Burton describes how she transitioned from the corporate world to the world of management training and her own business. #1,081
September 16, 17 & 20	Biodynamic Farming - Several acres of land in the beautiful Santa Cruz mountains is a farm called Love Apple Farm. From the beginning of its establishment the owner Cynthia Sandberg is farming the land with biodynamic methods. Susan Davis our host interviews Cynthia to find out what a biodynamic farm is, what are its benefits, opportunities for the public to take classes. #1084
September 23, 24 & 27	History of Mah Jong in the United States - Have you heard of the popular Chinese game Mah Jong? #1085
September 30, October 1 & 4	Voice Acting as a Second Career - Life after retirement! How one man turned his unique gift into a second career after he retired. What's your unique gift to explore in your later years. #1,056

Copies of programs on DVDs can be purchased by visiting the web site: www.thebetterpart.com .
DVDs of past programs can be found in the Santa Clara County Library System and on YouTube.

Cupertino Television Productions

c/o Cupertino Senior Center

21251 Stevens Creek Boulevard, Cupertino, CA 95014

Email: info@thebetterpart.com www.thebetterpart.com Diane Studio: KMVT15, Mountain View, CA

IRS 501(c) (5) Non Profit Organization 77-0126455

**Gilroy, Hollister & San Juan Bautista CMAP - Comcast Ch 20
Monday & Thursday 6:00 PM, Tuesday & Friday 10:00 AM****S Simulcast on the Internet: www.cmap.tv**

September 2, 3, 5 & 6	Realtor Service Volunteer Program #1,082
September 9, 10, 12 & 13	Motivational Speaker #1,081
September 16, 17, 19 & 20	Biodynamic Farming #1,084
September 23, 24 26 & 27	History of Mah Jong in the United States #1,085
September 30, October 1, 3 & 4	Voice Acting as a Second Career #1,056

S Half Moon Bay, Mid-Coast TV, Comcast Ch 6, see www.mctv.com for current schedule**Los Gatos KCAT - Ch 15 Friday at 4:00 PM**

September 6	Realtor Service Volunteer Program #1,082
September 13	Motivational Speaker #1,081
September 20	Biodynamic Farming #1,084
September 27	History of Mah Jong in the United States #1,085
October 4	Voice Acting as a Second Career #1,056

Monterey North County, MGTV Comcast Ch 28, Monday & Friday 12:30 PM Visit the station website for more details.

September 2 & 6	Realtor Service Volunteer Program #1,082	www.co.monterey.ca.us/mgtv
September 9 & 13	Motivational Speaker #1,081	
September 16 & 20	Biodynamic Farming #1,084	
September 23 & 27	History of Mah Jong in the United States #1,085	
September 30 & October 4	Voice Acting as a Second Career #1,056	

Morgan Hill & San Martin MHAT Comcast Ch 19, Wednesday and Thursday 5:30 & 8:30 PM**S Simulcast on the Internet: www.mhat.tv**Simulcast on the Internet: www.mhat.tv

September 4 & 5	Realtor Service Volunteer Program #1,082
September 11 & 12	Motivational Speaker #1,081
September 18 & 19	Biodynamic Farming #1,084
September 25 & 26	History of Mah Jong in the United States #1,085
October 2 & 3	Voice Acting as a Second Career #1,056

Mountain View KMVT - Comcast Ch 15, AT&T U-verse Ch 99, Monday 4:30 PM

September 2	Realtor Service Volunteer Program #1,082
September 9	Motivational Speaker #1,081
September 16	Biodynamic Farming #1,084
September 23	History of Mah Jong in the United States #1,085
September 30	Voice Acting as a Second Career #1,056

**Palo Alto, East Palo Alto, Menlo Park, Stanford & Atherton Comcast Ch 30
Sunday 7:00 PM, Monday 2:30 AM & 11:00 AM, Thursday 7:30 PM, Friday 1:30 AM & 9:30 AM****S Simulcast on: www.communitymediacenter.net**

September 1, 2, 5 & 6	Realtor Service Volunteer Program #1,082
September 8, 9, 12 & 13	Motivational Speaker #1,081
September 15, 16, 19 & 20	Biodynamic Farming #1,084
September 22, 23, 26 & 27	History of Mah Jong in the United States #1,085
September 29, 30, October 3 & 4	Voice Acting as a Second Career #1,056

San Jose & Campbell CreaTV Comcast Ch 15 Tuesday 6:00 PM**S Simulcast on the internet: www.creatvsj.org**

September 3	Realtor Service Volunteer Program #1,082
September 10	Motivational Speaker #1,081
September 17	Biodynamic Farming #1,084
September 24	History of Mah Jong in the United States #1,085
October 1	Voice Acting as a Second Career #1,056

S Santa Cruz County, Comcast Ch 27 & Charter Ch 73, simulcast www.communitytv.org**Sunday, Tuesday and Saturday at 3:30 PM, & Thursday at 7:00 PM**

September 1, 3, 5 & 7	Realtor Service Volunteer Program #1,082
September 8, 10, 12 & 14	Motivational Speaker #1,081
September 15, 17, 19 & 21	Biodynamic Farming #1,084
September 22, 24, 26 & 28	History of Mah Jong in the United States #1,085
September 29, October 1, 3 & 5	Voice Acting as a Second Career #1,056

Saratoga KSAR TV Comcast Ch 15, AT&T U-verse Ch 99 Thursday at 7:00 PM

September 5	Diane s
September 12	Motivational Speaker #1,081
September 19	Biodynamic Farming #1,084
September 26	History of Mah Jong in the United States #1,085
October 3	Voice Acting as a Second Career #1,056